

**November is an active month
for the
Pulmonary Department at HS
Ludlow.**



**Visit our booth in the Hosp. lobby on the 19th in recognition of
“World COPD Day”**

- There are currently 14 to 16 million Americans diagnosed with COPD, and an equal number afflicted, but undiagnosed
- It is the 4th leading cause of death in the US & the only major disease who’s numbers are increasing.
- Educational materials will be provided covering all aspects of the disease, diagnosis, symptoms and treatment options.

**The booth will change on the 20th in participation of the:
“Great American Smoke- Out”.**

This national event, established in 1977, encourages smokers to Kick the habit for one day, in the hopes that it is the start of a new smoke free life for them. Information will include help lines, support groups, pharmaceutical interventions, and much more.

To wrap up the week, everyone is invited to attend the **Better Breathers Support Group on the 21st, at 1:00 pm, in the education center. The topic of the day is “Flu & Pneumonia Prevention” co-sponsored by HS & the American Lung Association.**